



13/Apr/25

TO

19/Apr/25

#### Week 4

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>CHEF'S TABLE</b>						
<b>CHEF'S TABLE ENTRÉES</b>						
SAGE ROAST TURKEY WITH BREAD DRESSING	LEMONGRASS GINGER ROASTED WHOLE CHICKEN	8OZ N.Y. STRIPLOIN STEAK	CHICKEN NEPTUNE	PRIME RIB <i>au jus</i> WITH YORKSHIRE	ROASTED CORNISH HENS	CAJUN BBQ ROAST PORK
CAJUN CORNFLAKE CRUSTED RED SNAPPER	APPLE BBQ PORK CHOPS	FILIPINO PORK ADOBO	BUILD YOUR OWN BURGER (beef, chicken, veg)bacon, mushroom onions, cheese	GREEK ROAST PORK	PAN FRIED SALMON WITH BEARNAISE SAUCE(SAUCE ON SIDE)	BEEF & SPRING VEGETABLE STEW
3 CHEESE VEGETABLE LASAGNA (VEG)	SPANAKOPITA QUESADILLAS (VEG)	ASIAN VEGETABLE STIR FRY (VEG)	VEGETABLE MEATLOAF WITH BALSAMIC GLAZE (VEG)	COCONUT TOFU CURRY (VEG)	CRISPY TOFU & MUSHROOM STIR-FRY (VEG)	PESTO EGGPLANT PARMIGIANA
Non seasoned/no sauce protein 1 & 2	Non seasoned/no sauce protein 1 & 2	Non seasoned/no sauce protein 1 & 2	Non seasoned/no sauce protein 1 & 2	Non seasoned/no sauce protein 1 & 2	Non seasoned/no sauce protein 1 & 2	Non seasoned/no sauce protein 1 & 2
GRILLED CHICKEN BREAST	GRILLED CHICKEN BREAST	GRILLED CHICKEN BREAST	GRILLED CHICKEN BREAST	GRILLED CHICKEN BREAST	GRILLED CHICKEN BREAST	GRILLED CHICKEN BREAST
<b>CHEF'S TABLE SIDE DISHES</b>						
MASHED POTATO	MASHED POTATO	MASHED POTATO	MASHED POTATO	MASHED POTATO	MASHED POTATO	MASHED POTATO
STEAMED BUTTERED POTATOES	ROASTED RED POTATOES	BAKED POTATO	STEAMED POTATOES	PAN FRIED POTATOES	O'BRIEN POTATOES	SPICY ROAST POTATOES
GARLIC BUTTER & SWEET PEA COUS COUS	GARLIC BASMATI RICE	PEPPER & GARLIC BROWN RICE	LEMON GARLIC HERBED RICE	JASMINE RICE	WILD RICE PILAF	STEAMED WHITE RICE
<b>CHEF'S TABLE VEGETABLES (PLAIN STEAMED VEGETABLES ALSO AVAILABLE)</b>						
GARLIC PARMESAN VEGETABLE MEDLEY	THAI VEGETABLE MIX	CORN ON THE COB	YELLOW WAX BEANS	STEAMED ASIAN MIXED VEGETABLES	STEAMED KERNEL CORN	STEAMED VEGETABLE MEDLEY
ROASTED SWEET POTATOES & BEETS	GRILLED ZUCCHINI	STEAMED BROCCOLI	FRESH ASPARAGUS	ROASTED BEETS	LEMON PEPPER MIXED FRESH VEGETABLES	ROASTED TURNIP & CARROTS
<b>QUICK EATS</b>						
<b>SOUP OF THE DAY</b>						
HOMESTYLE CHICKEN NOODLE SOUP	PORK WON TON SOUP	THAI CHICKEN SOUP (WICKED STYLE)	MEXICAN BEEF TORTILLA SOUP	CHICKEN BARLEY SOUP	MUSHROOM & LENTIL SOUP (VEG)(LS)	CABBAGE ROLL SOUP (VEG)(LS)
CREAM OF MUSHROOM TARRAGON (VEG)(LS)	VEGETABLE CHOWDER (VEG) (LS)	CREAM OF VEGETABLE & RICE SOUP (VEG)(LS)	BROCCOLI CHEDDAR SOUP (VEG) (LS)	CREAM OF TOMATO SOUP (VEG)(LS)	NAVY BEAN & BACON SOUP	WEST COAST SALMON CHOWDER
<b>QUICK EATS ENTRÉES</b>						
	CHICKEN TENDERS (FB)		CHICKEN TENDERS (FB)			CHICKEN TENDERS (FB)
ZUCCHINI WEDGES	TEXAS CHILI	PIZZA ROLLS	BEEF POT PIE	GARLIC DRY RIBS	POPCORN CHICKEN	SPANAKOPITA
GRILLED ITALIAN SAUSAGE HOAGIE	NACHO CHIPS WITH SPICY CHEESE SAUCE	POTATO PEROGIES	VEGETABLE SPRING ROLLS	DEEP FRIED PICKLES	CRISPY ONION RINGS	PIZZA DOG
<b>QUICK EATS SIDE DISHES</b>						
FRENCH FRIES	FRENCH FRIES	FRENCH FRIES	FRENCH FRIES	FRENCH FRIES	FRENCH FRIES	FRENCH FRIES
BEEF GRAVY	BEEF GRAVY	BEEF GRAVY	BEEF GRAVY	BEEF GRAVY	BEEF GRAVY	BEEF GRAVY
<b>PASTA BAR</b>						
LINGUINI	RIGATONI PASTA	SPAGHETTI	PENNE PASTA	BOW TIE PASTA	FETTUCINE	RIGATONI PASTA
CREOLE SHRIMP & SAUSAGE CREAM SAUCE	CHICKEN & BACON ALFREDO SAUCE	ITALIAN MEAT SAUCE	BAKED PENNE WITH ITALIAN SAUSAGE IN TOMATO SAUCE	BEEF & MUSHROOM MEAT SAUCE	CHICKEN & SPRING PEA ALFREDO SAUCE	ASPARAGUS, PROSCIUTTO RICOTTA CREAM SAUCE
CHUNKY MARINARA SAUCE (VEG)	GARLIC, TOMATO BASIL SAUCE	CHIPOTLE ALFREDO SAUCE	PESTO SAUCE (VEG)	FOUR CHEESE GARLIC CREAM SAUCE (VEG)	ROASTED GARLIC TOMATO SAUCE (VEG)	PORTOBELLO MUSHROOM TOMATO SAUCE (VEG)
<b>ASSORTED PIZZA</b>						
PEPPERONI & MUSHROOM PIZZA	DELUXE PIZZA	HAWAIIAN PIZZA WITH FETA CHEESE	MEAT LOVER'S PIZZA	DELUXE PIZZA WITH BABY SHRIMP	BBQ PULLED PORK PIZZA	CANADIAN STYLE PIZZA
TOMATO BASIL PIZZA (VEG)	ROASTED VEGGIE PIZZA (VEG)	MUSHROOM & CHEESE PIZZA (VEG)	FOUR CHEESE PIZZA (VEG)	PEPPERS & CHEDDAR PIZZA (VEG)	EAST COAST GARLIC FINGERS (VEG)	SPINACH & FETA PIZZA (VEG)
<b>SPECIAL FEATURE/FUSION</b>						
<b>AVAILABLE SELECTED NIGHTS</b>						
	BYO Sub Sandwich-Meatballs,pulled pork, grilled buffalo chicken					